

# 2010 Louisiana Cup Invitational

Saturday, February 6, 2010

Session I - Level 4

8:00-8:30	General Stretch
8:30-8:45	Presentation of Teams
8:45-11:30	Competition (Capitol Cup)
11:30-12:00	Awards

Session II - Level 5 & 6

12:00-12:30	General Stretch
12:30-12:45	Presentation of Teams
12:45-4:00	Competition (Capitol Cup)
4:00-4:30	Awards

Session III - Level 7 - 10

4:30-5:00	General Stretch
5:00-5:15	Presentation of Teams
5:15-8:30	Competition (Capitol Cup)
8:30-9:00	Awards

Sunday, February 7, 2010

**Revised Schedule**

Session IV - Level 2

9:00-9:20	General Stretch
9:20-9:30	Presentation of Teams
9:30-11:00	Competition (Capitol Cup)
11:00-11:30	Awards

Session V - Level 3 (Sanctioned)

11:30-11:50	General Stretch
11:50-12:00	Presentation of Teams
12:00-3:00	Competition (Capitol Cup)
3:00-3:30	Awards